

# SENIOR NEWSLETTER

## Greenwood Forest Baptist Church

### March 2010

#### Hospice of Wake County Featured At March Luncheon

Celebrating life since 1979, Hospice of Wake County provides physical, emotional and spiritual care to those living with an advanced illness, as well as their caregivers. Their service area includes Durham, Franklin, Harnett, Johnston, and Wake Counties. In January they opened an inpatient hospice and palliative care center on Trinity Road in Cary.

Nearly 40% of older women and 21% of older men live alone, and nearly a fourth of these say that they have no one to turn to if they need help. Even older patients who do live with a spouse are dependent on a caregiver whose health is also compromised by advanced age or illness. This is why the hospice center is so important. It also allows employed family caregivers to remain employed during their loved one's stay in hospice, and treats medical issues that cannot be controlled at home or in a nursing home.

Our program on March 2 will be presented by “Ambassador” David White. David is a native of Lynchburg, Virginia, a graduate of VMI, and was a tank company commander in the First Marine Division during the Korean War. He works out of Raleigh for a Canadian company, but when in town, devotes his full time to Hospice of Wake County. He has been a HOWC volunteer since 2001, and since that time he says he has spoken to nearly a thousand people about the agency.

Menu: Chicken sandwiches, with lettuce and tomato, pickles and carrots, fruit for dessert.

#### Upcoming Events

**Friday, March 12** – Trip to Meadow Village Restaurant near Benson for lunch. This restaurant is renowned for its Southern, down-home cooking, with a dessert bar that is “out-of-this-world.” Cost is between \$7 and \$8 plus tax. We will leave the church at 11:00 a.m.

**Tuesday, March 9** – Senior Fest at Campbell University combining fun, fellowship and learning. 9:30 a.m. to 1:30 p.m. at Butler Chapel. David Crabtree, news anchor at WRAL-TV, is the featured speaker. There are four breakout sessions to choose from: “Advanced Care Directives and End-of-Life Decisions”; “Mixing Medications and the Risks of Falling”; “Doing What's Right with What's Left”; and “Everything's Changing But God.” This rally is sponsored by the North Carolina Baptist Foundation and hosted by Campbell University's Board of Ministers. Cost: \$10 for lunch.

Register by phone - (800) 760-9827, ext. 1830 or:

<http://divinity.campbell.edu/ChurchRelations/SeniorFest2010.aspx>

**Tuesday, March 23** – Raleigh Baptist Association Spring Adult Rally. Trinity Baptist Church, 4815 Six Forks Road in Raleigh, 9:30 a.m. - 1:00 p.m. with registration beginning at 9:00. This year's rally has an outstanding program highlighted by Bill Leslie, morning and noon news anchor for WRAL-TV. Bill is also a consummate musician, who sings and plays the guitar, cornet, tuba, and Celtic whistle. He is an accomplished songwriter and member of the band “Lorica”. He will present “Tarheel Tunes and Tales”.

More music will be provided by the Trinity Laymen, a gospel quartet, plus The Prime Timers, Trinity's Senior Adult Choir will lead in a time of worship. A luncheon which includes turkey and dressing, candied yams, green beans, rolls and assorted desserts will be served. Cost is \$10.50. ***Reservations and checks made out to Raleigh Baptist Association must be given to Carolyn Hopkins by March 17.***

**Tuesday, April 6** - "Getting to Know You" - spotlighting Senior Adult clusters - program rescheduled from the February luncheon that was cancelled by snow and ice.

**Friday, May 7** - Dinner with entertainment provided by duo-pianists Dr. Jeanine Skinner and Reverend David Fitzgerald.

**Tuesday, June 1** - Luncheon featuring Rev. Hal Melton, former GFBC Youth Minister and Youth Music Director. He will speak to us about the Senior Adult Ministry program at Trinity Baptist Church in Raleigh, where he is Associate Pastor and Minister to Adults.

### **Senior Adult Questionnaire Postponed to April**

The questionnaire for senior adults that was scheduled to be conducted at the March luncheon has been rescheduled to April. It was felt that having these filled out at the luncheon would not allow our members adequate time to formulate their answers. Fred Seeger, Frank Smith, and Betty Stallings have been working on this project, and after the March lunch they will meet and finalize a questionnaire to be approved by the Senior Adult Committee. The final version will be distributed to members at the April luncheon. You will be asked to complete these within one week and bring them back to your Sunday School class. Fred will pick these up.

**New Member:** We are happy to welcome Jo Brooks to the fold.

### **Beware How Ye Say It, Lest Ye Be Misunderstood**

A Sunday School teacher was discussing the Ten Commandments with her five and six year olds. After explaining the commandment to "Honor thy father and mother", she asked, "Is there a commandment that teaches us how to treat our brothers and sisters?" Without missing a beat, one little boy answered, "Thou shalt not kill!"

A Sunday school teacher asked her class why Joseph and Mary took Jesus with them to Jerusalem. A small child replied, "They couldn't get a babysitter."